



## **Dementia Friendly Nevada (DFNV) Statewide Meeting**

Tuesday, June 22, 2021 | 3:00 – 5:00 PM PST | Zoom Videoconference

**Zoom meeting:** <https://us02web.zoom.us/j/87694190093>

Or call in by telephone: (346) 248-7799

Meeting ID: 876 9419 0093

### **Co-Facilitators:**

- Jennifer Carson, Director, Dementia Engagement, Education and Research (DEER) Program, UNR, and Program Director, DFNV
- Casey Acklin, Coordinator, DEER Program, UNR, and Program Coordinator, DFNV

### **Community Group Co-Facilitators:**

- LeeAnn Mandarino, Kate Ingalsby, and Susan Hirsch, Cleveland Clinic Lou Ruvo Center for Brain Health, Dementia Friendly Southern Nevada Urban
- Tonya Brum, Nevada Rural Counties RSVP, Dementia Friendly Pahrump
- Carla Eben, Numaga Program, Pesa Soaname Advisory Group
- Gini Cunningham, Age- and Dementia-Friendly Winnemucca

### **Support:**

- Michelle Harden, MPA, BOLD Public Health Program Coordinator, Population Health and Wellness, Nevada Division of Public and Behavioral Health
- Tessa Swigart, PhD, Public Health Communications Specialist, Nevada Public Health Training Center, UNR
- Mekai Smedley, DEER Program, UNR, and AmeriCorps VISTA for DFNV

**Note:** Please mute yourself when you are not speaking  
and take personal breaks as needed.

\* = Please see attachments that were sent with this agenda.

Dementia Friendly Nevada is supported through funding from the Nevada Aging and Disability Services Division and the Nevada Division of Public and Behavioral Health.

## Meeting Agenda

### 1. Welcome

- a. As members are logging onto Zoom, please use the 'Chat Box' feature, using a single entry (hitting "return" only at the very end), to share your:
  - Name
  - Role in supporting people living with dementia and/or family care partners
  - What is one thing that family, friends, and community members can do post-diagnosis to be of support?
- b. Let's warm the soil and have some fun on Zoom!
- c. Review Dementia Friendly Nevada mission and meeting purpose
  - Mission: By working together, we aim to develop and promote communities that are **respectful, educated, supportive** and **inclusive** of persons *living* with dementia and their care partners.
- d. Review one Dementia Friendly Nevada Mobilizing Belief\*
  - **Mobilizing Belief #11:** Supporting engagement, autonomy and partnerships with people living with dementia will promote improvements to their quality of life and well-being, and strengthen the social fabric of communities. Elders need communities and communities need elders.
  - Let's hear from 2 members about why this Mobilizing Belief is so important.

## 2. REVITALIZE!

- a. Dementia Friendly Nevada is in a period of transformation. As restrictions surrounding the COVID-19 pandemic ease considerably, it is becoming more and more feasible for us to go back to “normal.” But the question becomes, do we like “normal?” Are we happy with how Dementia Friendly Nevada has operated since 2016? Are there changes we would like to make?

This conversation will serve as a foundation for a revitalization plan in the now seven Dementia Friendly Nevada Communities.

- b. First, let’s start with a brief reflection of what Dementia Friendly Nevada looked like prior to COVID-19. Here are some questions to consider:
  - What is one positive moment (your favorite day on the job, so to speak) that stands out to you from our pre-pandemic work?
  - What strengths do you feel existed (and perhaps remain) in your Community Group? What gaps might have been present?
  - Who did you feel was represented in your Community Group? Who was missing, and how did you invite those people to the table?
  - How did you feel about your Community Group’s goals?
  - How well did the statewide Dementia Friendly Nevada project support your Community Group’s local work?

c. Now, let's chart a path into the future. As we revitalize our Community Groups, there are three main components to consider:

- Who do we hope to recruit as members, and what are the best ways to connect with them?
- What goals will members collaboratively pursue? Will we pick up where we left off, or start anew?
- What process will be used to ensure that meetings are productive and also dementia-friendly and inclusive.

Let's split up into three breakout groups to discuss these various elements, using our reflections on our pre-pandemic work as a basis for discussion about what we might do next. (30 minutes of discussion, 15 minutes of reporting)

- Each breakout group will have approximately 5 minutes to report on their discussion. Feel free to be as creative as you would like!

### 3. **Share** (5 min)

a. Is there anything happening locally—or across the state or nation—that members of DFNV should know about and can possibly help promote?

#### **Age- and Dementia-Friendly Winnemucca**

- **Brain Health Conference:** Friday, September 17<sup>th</sup>, 2021, 8:00 AM – 5:00 PM, live and via Zoom
- **Sprint Triathlon:** Saturday, September 18<sup>th</sup>
- For registration information, email Gini at [gini@c25@gmail.com](mailto:gini@c25@gmail.com)

**Thank you for all that you do to make our communities and state dementia-friendly and inclusive!**