



Dementia Friendly Nevada (DFNV) Statewide Meeting

Tuesday, August 24, 2021 | 3:00 – 5:00 PM Pacific | Zoom Videoconference

Zoom meeting: <https://us02web.zoom.us/j/87694190093>

Or call in by telephone: (346) 248-7799, Meeting ID: 876 9419 0093

Co-Facilitators:

- Jennifer Carson, Director, Dementia Engagement, Education and Research (DEER) Program, UNR, and Program Director, DFNV
- Casey Acklin, Coordinator, DEER Program, UNR, and Program Coordinator, DFNV

Community Group Co-Facilitators:

- LeeAnn Mandarino, Kate Ingalsby, Cleveland Clinic Lou Ruvo Center for Brain Health, Dementia Friendly Southern Nevada Urban
- Tonya Brum, Nevada Rural Counties RSVP, Dementia Friendly Pahrump
- Carla Eben, Numaga Program, Pesa Soaname Advisory Group
- Gini Cunningham, Age- and Dementia-Friendly Winnemucca

Support:

- Michelle Harden, MPA, BOLD Public Health Program Coordinator, Population Health and Wellness, Nevada Division of Public and Behavioral Health
- Mekai Smedley, DEER Program, UNR, and AmeriCorps VISTA for DFNV

Note: Please mute yourself when you are not speaking
and take personal breaks as needed.

* = Please see attachments that were sent with this agenda.

Dementia Friendly Nevada is supported through funding from the Nevada Aging and Disability Services Division and the Nevada Division of Public and Behavioral Health.

Meeting Agenda

1. **Welcome** (20 min)

- a. As members are logging onto Zoom, please use the 'Chat Box' feature, using a single entry (hitting "return" only at the very end), to share your:
 - Name
 - Role in supporting people living with dementia and/or family care partners
 - One thing you think medical providers should know about dementia
- b. Let's warm the soil and have some fun on Zoom!
- c. Review Dementia Friendly Nevada mission and meeting purpose
 - Mission: By working together, we aim to develop and promote communities that are **respectful, educated, supportive** and **inclusive** of persons *living* with dementia and their care partners.
- d. Review one Dementia Friendly Nevada Mobilizing Belief*
- e. **Mobilizing Belief #6:** Contrary to the increased use of the term, there is no such thing as "behavioral and psychosocial symptoms of dementia" (BPSDs). So-called "behaviors" are actually a form of communication; communicating identify, preferences, and/or unmet needs. Instead of pathologizing behaviors, care partners and professionals should seek to understand and validate personal expressions, actions, and reactions.
 - Let's hear from 2 members about why this Mobilizing Belief is so important.

2. **Quick updates: Dementia Friends** (10 min)

- a. Dementia Friendly Nevada worked with the International Association for Indigenous Aging to launch “Dementia Friends for American Indian and Alaska Native Communities” at the recent National Indian Council on Aging conference.
 - 9 Dementia Friends Champions were trained, and can now provide Dementia Friends Information Sessions in their communities across the country.

3. **Learn: Project ECHO Person-Centered Dementia Care Series** (30 min)

- a. Welcome Dr. Mordechai Lavi, Geriatrician, Sanford Center for Aging
 - Dr. Mordechai Lavi joined the University of Nevada Reno, School of Medicine faculty in September 2017. He specializes in the care of adults 65 and older. He practices outpatient geriatric medicine through the Sanford Center for Aging. He has been the medical director of Project ECHO Nevada since July 2018 and recently took on the role of medical director for clinical services at the Sanford Center for Aging in early 2021. He lives in Central Reno with his wife, son, and dog Scarlett. He enjoys spending time traveling and brewing beer.
- b. The person-centered dementia care series through Project ECHO is available **for free** to all Nevada primary care practices. Using real case studies from their own work, provider teams will learn how to more effectively develop care plans for patients diagnosed with dementia.

4. Reflect (30 min)

- a. Let's look at responses from the chat box about things our members think medical providers should know about dementia. Do you have any additional thoughts to share?
- b. What are your reflections on current primary care experiences for people living with dementia?
- c. In what ways might this Project ECHO person-centered dementia care series positively impact the experiences that people living with dementia have with their primary care providers in your community?

5. Strategize (20 min)

- a. How can we best spread the word about this Project ECHO person-centered dementia care series across the state?

6. Explore: New Meeting Time

- a. We will be distributing a Doodle poll to all Dementia Friendly Nevada members within the next week with some options of new meeting times for our recurring monthly Dementia Friendly Nevada Statewide Meeting.

7. Share (5 min)

- a. Is there anything happening locally—or across the state or nation—that members of DFNV should know about and can possibly help promote?

Thank you for all that you do to make our communities and state dementia-friendly and inclusive!