



## **Dementia Friendly Nevada (DFNV) Statewide Meeting**

Monday, November 8, 2021 | 1:00 - 3:00 PM | Zoom Videoconference

**Zoom meeting:** <https://bit.ly/dfnv-meeting>

Or call in by telephone: (346) 248-7799, Meeting ID: 873 3975 3387

### **Co-Facilitators:**

- Jennifer Carson, Director, Dementia Engagement, Education and Research (DEER) Program, UNR, and Program Director, DFNV
- Casey Acklin, Coordinator, DEER Program, UNR, and Program Coordinator, DFNV

### **Community Group Co-Facilitators:**

- LeeAnn Mandarino and Kate Ingalsby, Cleveland Clinic Lou Ruvo Center for Brain Health, Dementia Friendly Southern Nevada Urban
- Tonya Brum, Nevada Rural Counties RSVP, Dementia Friendly Pahrump
- Carla Eben, Numaga Program, Pesa Soaname Advisory Group
- Gini Cunningham, Age- and Dementia-Friendly Winnemucca
- TBD, Dementia Friendly Douglas County

### **Support:**

- Amber Walsh, Teaching Assistant Professor, UNR, and Communications Specialist, DFNV
- Daniela Cortes-Arriola, MPH Student, UNR, Graduate Assistant, DFNV

**Note:** Please mute yourself when you are not speaking  
and take personal breaks as needed.

\* = Please see attachments that were sent with this agenda.

Dementia Friendly Nevada is supported through funding from the Nevada Aging and Disability Services Division and the Nevada Division of Public and Behavioral Health.

## Meeting Agenda

### 1. Welcome (15 min)

- a. As members are logging onto Zoom, please use the 'Chat Box' feature, using a single entry (hitting "return" only at the very end), to share your:
  - Name
  - Role in supporting people living with dementia and/or family care partners
  
- b. Review Dementia Friendly Nevada mission and meeting purpose
  - Mission: By working together, we aim to develop and promote communities that are **respectful, educated, supportive** and **inclusive** of persons **living** with dementia and their care partners.
  
- c. Review one Dementia Friendly Nevada Mobilizing Belief\*
  - **Mobilizing Belief #4:** People living with dementia are the genuine experts in the experience of dementia. Their perspectives, wishes and preferences should always be sought and respected in the decisions that affect their lives. Truly engaging each person living with dementia as a legitimate contributor to his or her own experience opens a world of possibilities.
  
  - Let's hear from 2 members about why this Mobilizing Belief is so important.

## **2. Learn: Updates from the DFNV Support Team** (25 min)

- a. Dementia Friendly Douglas County held its second in-person Community Group meeting in October. Welcome to any new DFNV members from Douglas County!
- b. Program updates: Dementia Conversations\* and Dementia Friends\* (in English and Spanish)
- c. New programs launching: JAVAmusic\* and Dementia Conversations Recorded
  - Please help us spread the word and recruit new program participants!
- d. New BOLD messaging toolkits under development, starting with one focused on people living with dementia.
  - This work will build on the “Navigating the Dementia Journey” resource notebook developed by Dementia Friendly Southern Nevada Urban.
- e. New Brain Health, Dementia Self-Management, and Family Care Partner Health content available on the DFNV website
- f. New DFNV Support Team member: Amber Walsh, MFA, Teaching Assistant Professor, Visual Communications, Reynolds School of Journalism, University of Nevada, Reno, has joined the DFNV Support Team as our new Communications Specialist!

## **3. Reflect** (20 min)

- a. Prior to the pandemic, how did hearing diverse perspectives at local Community Group meetings contribute value to our work?
- b. What perspectives were most commonly represented among local Community Groups?

- c. What perspectives were missing that we feel are important to include as we re-launch?
- d. How can Dementia Friendly Nevada and local Community Groups increase the engagement of people living with dementia as active members?
- e. What role, if any, does commitment play in becoming a member of Dementia Friendly Nevada and/or a local Community Group?

#### **4. Strategize: Re-launching in-person Community Group meetings (50 min)**

- f. As we aim to re-launch in-person Community Group meetings in 2022, there are a few questions we can consider:
  - What would be the most ideal month for us to resume in-person Community Group meetings again?
  - How can the Dementia Friendly Nevada Support Team help to support local facilitators and other champions as we plan this re-launch and resume regular meetings?
  - In addition to former members, who else do we hope to recruit to local Community Groups, and what are the best ways to connect with them?
  - What goals will members collaboratively pursue? Will we pick up where we left off, or start anew?
    - a. How might Community Groups incorporate actions from the Healthy Brain Initiative (HBI) Road Map into their local goals and activities?\*

- What process will be used to ensure that meetings are productive and also dementia-friendly and inclusive.
- What meeting schedule would be ideal to support member engagement and progress toward goals?

**5. Share (10 min)**

- a. Is there anything happening locally—or across the state or nation—that members of Dementia Friendly Nevada should know about and can possibly help promote?

**Thank you for all that you do to make our communities and state dementia-friendly and inclusive!**