



Dementia Friendly Nevada (DFNV) Statewide Meeting

Tuesday, May 25, 2021 | 3:00 – 5:00 PM PST | Zoom Videoconference

Zoom meeting: <https://us02web.zoom.us/j/87694190093>

Or call in by telephone: (346) 248-7799

Meeting ID: 876 9419 0093

Co-Facilitators:

- Jennifer Carson, Director, Dementia Engagement, Education and Research (DEER) Program, UNR, and Program Director, DFNV
- Casey Acklin, Coordinator, DEER Program, UNR, and Program Coordinator, DFNV

Community Group Co-Facilitators:

- LeeAnn Mandarino, Kate Ingalsby, and Susan Hirsch, Cleveland Clinic Lou Ruvo Center for Brain Health, Dementia Friendly Southern Nevada Urban
- Tonya Brum, Nevada Rural Counties RSVP, Dementia Friendly Pahrump
- Carla Eben, Numaga Program, Pesa Soaname Advisory Group
- Gini Cunningham, Age- and Dementia-Friendly Winnemucca

Support:

- Michelle Harden, MPA, BOLD Public Health Program Coordinator, Population Health and Wellness, Nevada Division of Public and Behavioral Health
- Tessa Swigart, PhD, Public Health Communications Specialist, Nevada Public Health Training Center, UNR
- Mekai Smedley, DEER Program, UNR, and AmeriCorps VISTA for DFNV

Note: Please mute yourself when you are not speaking
and take personal breaks as needed.

* = Please see attachments that were sent with this agenda.

Meeting Agenda

1. **Welcome** (15 min)

- a. As members are logging onto Zoom, please use the 'Chat Box' feature, using a single entry (hitting "return" only at the very end), to share your:
 - Name
 - Role in supporting people living with dementia and/or family care partners
 - What is one piece of advice you'd give to citizens of Douglas County as they launch a new dementia-friendly community group this summer?

- b. Let's warm the soil and have some fun on Zoom!

- c. Review Dementia Friendly Nevada mission and meeting purpose
 - Mission: By working together, we aim to develop and promote communities that are **respectful, educated, supportive** and **inclusive** of persons *living* with dementia and their care partners.

- d. Review one Dementia Friendly Nevada Mobilizing Belief*
 - **Mobilizing Belief #3:** People living with dementia are the genuine experts in the experience of dementia. Their perspectives, wishes and preferences should always be sought and respected in the decisions that affect their lives. Truly engaging each person living with dementia as a legitimate contributor to his or her own experience opens a world of possibilities.
 - Let's hear from 2 members about why this Mobilizing Belief is so important.

2. **Learn** (30 min – 10 mins per topic)

a. DFNV Program updates

- **Dementia Friends***

- Monthly session on the third Wednesday of each month from 12:00 – 1:00 PM via Zoom
- Looking for additional, invited online opportunities
- Revising curriculum for Tribes in partnership with the International Association for Indigenous Aging (IA²). We will be presenting this revised curriculum at the 2021 National Indian Council on Aging Conference, being held in Sparks, NV during the first week of August.
- Over 1,300 Dementia Friends across our state!

- **Dementia Conversations**

- **Dementia Conversations with Chuck and Jennifer*** every Monday from 10:00 – 11:30 AM via Zoom
- **Dementia Conversations with Nancy and Kat*** every Friday from 1:00 – 2:30 PM via Zoom
- In the works: **Dementia Conversations Recorded**
 - a. Promotional “episode” recorded and will be available on the DFNV website soon!
- Collaboratively developed Dementia Conversations Group Guidelines have been posted to the Dementia Conversations webpage.
- Three stories published on Dementia Conversations!
 - a. https://www.nextavenue.org/communities-redefine-dementia-narrative/?utm_source=share&utm_medium=email&utm_campaign=email_article_share
 - b. <https://homecareassistance.com/blog/common-dementia-misconceptions>
 - c. https://daanow.org/resolute-examples-of-choosing-hope/?mc_cid=fd54923a7f&mc_eid=fb7b043c15

- **BOLD Public Health Program** updates
 - Welcome Michelle Harden, MPA; Population Health and Wellness, BOLD Coordinator!
 - Summary of findings from our three recent focus groups with people living with dementia, family care partners, and professionals in the field
 - Spanish translation of DFNV website and materials
 - New webpages for the DFNV website: online resources (completed with ongoing updates), brain health (under development), and strategies for family care partners (upcoming)
 - New DFNV Community Group: Douglas County! Welcome to the movement!

3. **Reflect** (30 min)

- a. **Topic: Format and structure of in-person DFNV Community Group meetings.** With the possibility of in-person Community Group meetings on the near horizon, let's take some time to reflect on the format and structure of our previous monthly Community Group meetings. Some questions to consider:
- What worked, what didn't work, and how could they be changed or strengthened to promote effective, dementia-inclusive community engagement?
 - Where and when will the in-person meetings be located (need large, well ventilated rooms)?
 - How will we practice good social distancing?
 - Who will be invited to attend, and how will we invite them?
 - What role should our statewide Zoom-based meetings continue to play once our local Community Groups have relaunched?

4. **Strategize** (40 min – 20 mins per topic)

- a. **Topic: Latinx outreach and engagement.** Now that we have the DFNV website translated into Spanish and have translated key program materials, how do we best distribute these materials to Latinx communities across Nevada? How do we begin to develop capacity to offer DFNV programs in Spanish, such as Dementia Friends information sessions and Dementia Conversations? What other Spanish-speaking programs and services can we help promote as part of our outreach?

- b. **Topic: Revitalizing Community Groups through a DFNV Road Show.** The DFNV Support Team is considering the possibility of doing a statewide DFNV Road Show (possibly with Dr. Al Power, depending on the dates), with stops in each DFNV community and an engaging social media campaign, to revitalize our DFNV Community Groups and statewide movement. What ideas do you have for how to make this Road Show a success? What ideas do you have for stirring up excitement and visibility in your community?

5. **Share** (5 min)

- a. Is there anything happening locally—or across the state or nation—that members of DFNV should know about and can possibly help promote?

Thank you for all that you do to make our communities and state dementia-friendly and inclusive!