



Dementia Friendly Nevada (DFNV) Statewide Meeting
Tuesday, January 26, 2021 | 3:00 – 5:00 PM PST | Zoom Videoconference

In attendance: Jennifer Carson, Casey Acklin, Peter Reed, Mary Lee Fulkerson, Mary Liveratti, Niki Rubarth, Kat Hartley, Tessa Swigart, LeeAnn Mandarino, Chuck McClatchey, Susan Hirsch, Leslie Fuller, Michael Magney, Filiz Sapin, Tonya Brum, Kaleigh Behrendt, Laura Osland, Cory Lutz, Tom Waters, Julie McIntosh, Charles Duarte, Gini Cunningham, Cara Schaefer, Kate Ingalsby, Verla Niebuhr

Co-Facilitators:

- Jennifer Carson, Director, Dementia Engagement, Education and Research (DEER) Program, UNR, and Program Director, DFNV
- Casey Acklin, Coordinator, DEER Program, UNR, and Program Coordinator, DFNV

Community Group Co-Facilitators:

- LeeAnn Mandarino, Kate Ingalsby, and Susan Hirsch, Cleveland Clinic Lou Ruvo Center for Brain Health, Dementia Friendly Southern Nevada Urban
- Tonya Brum, Nevada Rural Counties RSVP, Dementia Friendly Pahrump
- Carla Eben, Numaga Program, Pesa Soaname Advisory Group
- Gini Cunningham, Age- and Dementia-Friendly Winnemucca

Support:

- Tessa Swigart, PhD, Public Health Communications Specialist, Nevada Public Health Training Center, UNR
- Mekai Smedley, DEER Program, UNR, and AmeriCorps VISTA for DFNV

Note: Please mute yourself when you are not speaking
and take personal breaks as needed.

* = Please see attachments that were sent with this agenda.

Meeting notes are included in green.

1. Welcome

- a.
- b. As members are logging onto Zoom, please use the 'Chat Box' feature, using a single entry (hitting "return" only at the very end), to share your:
 - i. Name
 - ii. Role in supporting people living with dementia and/or family care partners
 - iii. What is one thing the Dementia Friendly Nevada Support Team can do to better support your engagement in our virtual monthly meetings? All ideas are welcome and appreciated.
 - Sending out the agenda earlier so that members can better familiarize themselves with the upcoming meeting.
 - Distributing meeting notes within a week following the meeting.
- c. Review Dementia Friendly Nevada mission and meeting purpose
 - i. Mission: By working together, we aim to develop and promote communities that are **respectful, educated, supportive** and **inclusive** of persons **living** with dementia and their care partners.
- d. Review one Dementia Friendly Nevada Mobilizing Belief*
 - Tessa shares Mobilizing Belief number 13: "Though most forms of dementia are degenerative, people living with dementia can continue to grow and thrive when care partners and organizations avoid the tendency to medicalize, sterilize and surveil all aspects of everyday life."
 - i. Let's hear from 2 members about why this Mobilizing Belief is so important.
 - Chuck: People living with dementia shouldn't be told to "get their affairs in order" following diagnosis. They should be counseled with all of the resources available, and the knowledge that there are so many opportunities to live well!

- Peter: Individuality and self-actualization can only occur in the absence of overly intense and unwarranted surveillance, which fundamentally threatens quality of life.
- Tom: It's such a delicate balance to achieve: knowing how to support someone and be a partner in their wellness and safety without overstepping your role as a care partner and being domineering.
 - Tonya: Finding that balance is crucial, and can sometimes mean the difference between life and death.

2. Learn

a. Program updates:

i. Dementia Friends*

1. Monthly session on the third Wednesday of each month from 12:00 – 1:00 PM via Zoom
2. Looking for additional, invited online opportunities
 - There are now 1,213 Dementia friends in the state of Nevada!

ii. Dementia Conversations

1. **Dementia Conversations with Chuck and Jennifer*** every Monday from 10:00 – 11:30 AM via Zoom
2. **Dementia Conversations with Nancy and Kat*** every Friday from 1:00 – 2:30 PM via Zoom

b. Workgroup update: **On-Demand, Essential Dementia Education** for Healthcare Professionals and Family Care Partners

i. Seeking funding opportunities

- Goal: to launch a mobile website catered toward acute care providers and family care partners.
- Other options for on-demand dementia education:
 - LeadingAge “Person Centered Dementia Care”: Free online dementia education program containing 52 micro learnings, each no more than 10 minutes. These micro learnings must be taken

sequentially and are geared more toward professional care partners.

<https://learninghub.leadingage.org/courses/person-centered-dementia-care-1>

- Dementia Guide Expert app: provides education on various topics and is available in multiple different languages. Makes searching for information on dementia easy and accessible, but that information is not always in alignment with DFNV's mobilizing beliefs.

<https://www.youtube.com/watch?v=3RGjbBA7JLc&feature=youtu.be>

c. **BOLD Public Health Program** updates

i. Website updates and revisions:

1. Dementia-Friendly Online Resources list

- a. Reminder: Please submit programs from your organization:

<https://forms.gle/s7L3nKm2VaX8o5Gx9>

ii. Nevada-specific toolkit of dementia-related messaging materials targeting the public

1. We are identifying dementia and brain health messaging materials and resources currently used by agencies across the state.

- a. Please complete our survey regarding brain health and dementia messaging materials in Nevada, found here: <https://forms.gle/8HTNT53E88DXSscr5>

- The survey was closed on January 31, 2021
- Focus group opportunity is under development to learn more

d. **Geriatric Workforce Enhancement Program** updates

- i. **Project ECHO: Setting the Stage for Person-Centered Dementia Care**, Tuesdays from 12:00 – 1:30 PM, March 9 – April 13, via Zoom
 1. Target audience: Rural primary care practices
 - Offered last fall and received extremely positive feedback; will be offered again this spring. The target audience for this program is primary care teams and it takes a case-study approach, where providers bring real cases for discussion and consideration. Other healthcare professionals are welcome as well. Please help us spread the word (i.e., distribute the flyer) to primary care providers and other healthcare professionals in your community.

- ii. **Bravo Zulu: Achieving Excellence in Relationship-Centered Dementia Care**, Wednesdays from 1:00 – 4:30 PM, April 7 – 28, via Zoom
 1. Target audience: Professional and family care partners; people living with dementia are also encouraged to join
 - This free, four-part, Zoom-based training (created by Jennifer Carson in collaboration with the Nevada Department of Veterans Services and Perry Foundation) focuses on relationship-centered dementia care with a special focus on veterans. However it is appropriate for care partners of any person living with dementia, not just veterans. It will be offered twice this spring, with the first series beginning in April and the second beginning in June.

- e. Guest presentation about **Reimagining Dementia: A Creative Coalition for Justice** at the February Dementia Friendly Nevada statewide meeting (Tuesday, February 23rd from 3:00 – 5:00 PM) from Dr. Pia Kontos, researcher/advocate, and Phyllis Fehr, international dementia rights advocate (diagnosed with early-onset Alzheimer's in 2012)
 - i. Learn more here:
<https://changingaging.org/dementia/reimagining-dementia-a-creative-coalition-for-justice-join-us/>

- f. Invitation to exchange ideas at the March Dementia Friendly Nevada statewide meeting (Tuesday, March 23rd from 3:00 – 5:00 PM) with members of the

Empowering Dementia-Friendly Communities Hamilton and Haldimand project based in Ontario, Canada. Guest speakers will include: Phyllis Fehr, member, and Tracy Gibbs, project manager.

- i. Learn more here: [Empowering Dementia-Friendly Communities Hamilton and Haldimand](#)
- ii. We will strategize what information we would like to share about Dementia Friendly Nevada, and who would like to help present, as part of our discussion under agenda item 4: Strategize.

3. Reflect

a. Discussion about **Dementia Friendly Nevada in 2021**

- i. How is monthly virtual statewide meeting working for you and what other activities should we consider during this time of continued social distancing?
 - Focusing more on engaging with people living with Chronic Traumatic Encephalopathy and interfacing with groups working in that space.
 - Pull together the best knowledge and resources that we can find surrounding various topics and create “pockets of knowledge” on our website.
 - At our next meeting, facilitate a poll to ask what those “sticky issues” are.
 - More focus and education about available clinical trials.
 - Save time at an upcoming DFNV meeting for a presentation from a researcher at the Cleveland Clinic Lou Ruvo Center for Brain Health.
 - Bring Dementia Friendly Nevada into more of an advocacy role that supports the rights of people living with dementia.
 - Inform the public about upcoming policy decisions that impact people living with dementia and family care partners.
 - Organizing a future DFNV meeting around legislative updates.

4. Strategize

- a. What information would we like to share about Dementia Friendly Nevada with members of Empowering Dementia-Friendly Communities Hamilton and Haldimand at our March meeting, and who would like to help present? Each group will have approximately 45 minutes to share and respond to questions.
 - Jennifer will loop back around with Community Group Co-Facilitators to ask what they would like to present about their Community Groups.

5. Share

- a. What is happening locally—or across the state or nation—that members of Dementia Friendly Nevada should know about and can possibly help promote?
 - i. Engaging with Aging Virtual Conference, Tuesday, February 23, 2021 from 8:30 AM – 1:15 PM
 1. For more information, visit: <https://engagingwithaging.org/>
 - ii. Reimagining Dementia: A Creative Coalition for Justice virtual member gathering dates (email reimaginingdementia@gmail.com to receive meeting links)
 1. Tuesday, March 2nd at 2:00 PM
 2. Wednesday, March 3rd at 6:00 AM
 3. Thursday, March 4th 9:00 AM
 - Please see the Alzheimer’s Association’s flyer about upcoming opportunities.
 - Cleveland Clinic’s February 17th Lunch and Learn: Age-related hearing loss and dementia risk.
 - The Cleveland Clinic is also hosting a six-week “Improv for Care” series for family care partners on Thursday evenings starting February 21st.
 - Visit <https://www.dfamerica.org/dfa-communities> to learn more about other dementia-friendly communities across the state.
 - The Sanford Center for aging has an array of online wellness programs available: <https://med.unr.edu/aging/outreach/community-wellness>

**Thank you for all that you do to make our communities and state
dementia-friendly and inclusive!**