



Pesa Sooname Advisory Group  
Agenda – Meeting 9  
Wednesday, May 8, 2019 from 1:00 – 2:30 PM  
Numaga Program, 705 Highway 446, Nixon, NV 89424

Co-facilitators:

- Carla Eben, Senior Services Director, Numaga Program
- Jennifer Carson, PhD, University of Nevada, Reno

Dementia Friendly Nevada AmeriCorps VISTA Volunteer:

- Casey Acklin, University of Nevada, Reno

1. Welcome and introductions
2. Planning for the inaugural **Nevada Tribal Summit on Brain Health and Dementia**, August 22, 2019 from 9:00 AM – 4:00 PM
  - a. Confirmed speakers:
    - i. **Mike Splaine**, Owner and Principal, Splaine Consulting, will speak about the importance and collaborative development of the CDC Healthy Brain Initiative’s Road Map for Indian Country, which he led. He will also speak about national trends regarding dementia among American Indians. Mike has an extensive career working on the public policy and advocacy front for both the Alzheimer’s Association and World Health Organization.
    - ii. **Dave Baldrige** (Cherokee), Executive Director, International Association for Indigenous Aging (IA<sup>2</sup>), will speak about how to implement the CDC Healthy Brain Initiative’s Road Map for Indian Country. Designed as a conversation starter, this guidebook is intended to further discussion among American Indian and Alaska Native leaders on how to best serve the needs of their tribal elders, their families, and enhance the quality of life for those impacted. He can also talk about IA<sup>2</sup>, which focuses on “improving the health and well-being of American Indians, Alaska Natives and other indigenous people as they move through the aging spectrum.”
    - iii. **J. Neil Henderson, Ph.D.** (Oklahoma Choctaw), Executive Director, Memory Keepers Medical Discovery Team on Health Disparities, and Professor, Department of Family Medicine & Bio-behavioral Health, University of Minnesota Medical School. Dr. Henderson will speak about his research which focuses on dementia and diabetes among American Indian people. Specifically, his work is on dementia and diabetes as an interactive syndrome, biological

and cultural influences regarding recognition and treatment of dementia and diabetes, cultural constructions of disease, and community health interventions and education in the context of cultural diversity.

- b. Discuss Summit program
    - i. Cultural opening and closing
    - ii. Time for each featured speaker
    - iii. At our last meeting, we talked about the possibility of including:
      1. A wisdom circle or some other way for people to share their experiences and ideas
      2. Yoga or some kind of easy movement/stretching
      3. A session on nutrition and brain health
      4. A session on the comprehensive geriatric assessment clinic at the Tribal Clinic via the Sanford Center for Aging
      5. Other ideas
  - c. Discuss Summit logistics
    - i. Location and parking
    - ii. Set-up required
      1. Technology
      2. Tables/chairs
      3. Tablecloths/décor
    - iii. Morning refreshments and lunch
    - iv. Registration process
    - v. Hotel room blocks in Reno and Fernley
    - vi. Dinner with speakers the night before or immediately following the Summit
  - d. Discuss Summit promotion and outreach plan
    - i. Target audience: All Nevada Tribes and the Dementia Friendly Nevada network
      1. How about Northern California Tribes?
      2. Special invited guests?
    - ii. What's our goal for number of participants?
  - e. Discuss Summit budget – we will use our ADSD funding to cover:
    - i. Speakers' travel-related costs and honoraria (\$750 each) = approx. \$5,250
    - ii. Fee for use of space?
    - iii. Equipment/supplies?
    - iv. Promotion and outreach materials
    - v. Travel scholarships?
3. Clarify goals/actions and timeline
  4. Set date and time for next planning meeting