



Pesa Sooname Advisory Group
Agenda – Meeting 8
Wednesday, March 27, 2018 from 12:00 – 2:00 PM
Numaga Program, 705 Highway 446, Nixon, NV 89424

Co-Facilitators:

- Carla Eben, Senior Services Director, Numaga Program
- Jennifer Carson, PhD, University of Nevada, Reno

1. Welcome and introductions
 - a. Casey Acklin, Dementia Friendly Nevada Vista Volunteer
 - b. Alex Crocket, Grants and Projects Specialist, Aging and Disability Services Division (ADSD)
2. Warm-up question: What can tribal members do create a dementia-friendly and inclusive community at Pyramid Lake?
3. **Goal 1: To improve dementia awareness and education at Pyramid Lake**
 - a. Planning for the inaugural Tribal Dementia Summit in mid- to late-August
 - i. Available speakers:
 1. Dave Baldrige (Cherokee), Executive Director, International Association for Indigenous Aging (IA²), can speak about implement the CDC Healthy Brain Initiative's Road Map for Indian Country. Designed as a conversation starter, this guidebook is intended to further discussion among American Indian and Alaska Native leaders on how to best serve the needs of their tribal elders, their families, and enhance the quality of life for those impacted. He can also talk about IA², which focuses on "improving the health and well-being of American Indians, Alaska Natives and other indigenous people as they move through the aging spectrum."
 2. Mike Splaine, Owner and Principal, Splaine Consulting, can speak about the importance and collaborative development of the CDC Healthy Brain Initiative's Road Map for Indian Country, which he led, and also speak about national trends regarding dementia among American Indians. Mike has an extensive career working on the public policy and advocacy front for both the Alzheimer's Association and World Health Organization.
 - ii. Possible speakers:

1. J. Neil Henderson, Ph.D. (Oklahoma Choctaw), Executive Director, Memory Keepers Medical Discovery Team on Health Disparities, and Professor, Department of Family Medicine & Bio-behavioral Health, University of Minnesota Medical School. “Dr. Henderson's research areas focus on dementia and diabetes among American Indian people. Specifically, his work is on dementia and diabetes as an interactive syndrome, biological and cultural influences regarding recognition and treatment of dementia and diabetes, cultural constructions of disease, and community health interventions and education in the context of cultural diversity.”

2. Other

iii. Program

1. At our last meeting, we talked about the possibility of including:

a. A wisdom circle or some other way for people to share their experiences and ideas

b. Yoga

c. A session on nutrition and brain health

d. A session on the comprehensive geriatric assessment clinic at the Tribal Clinic via the Sanford Center for Aging

2. Other ideas

iv. Budget

v. What do we want to call the Summit? What is a good name?

vi. Location and date

vii. Target audience

viii. Special invited guests

ix. Marketing and promotion

x. Registration process

xi. Travel and accommodations

xii. Food

xiii. Other

b. Jennifer is scheduled to present on Dementia Friendly Nevada at the Nevada Tribal Consultation meeting on Wednesday, April 10, 2019 with Sunadda Woodbury, ADSD. Maybe we can share a ‘Save-the-Date’ flyer for the Tribal Dementia Summit.

4. **Goal 2: To improve geriatric clinical services as Pyramid Lake**

a. Update regarding the launch of a comprehensive geriatric assessment clinic at the Tribal Clinic via the Sanford Center for Aging

i. Telemedicine and transporting elders to SCA clinic at UNR are best options

5. Other ideas and discussion

6. Adjourn