



**Dementia Friendly Nevada  
Dementia Friendly Pahrump  
Community Group Meeting Notes**

**In attendance:** Jennifer Carson, Tonya Brum, Nannette Fretwell, Barbara Payne, Karen Taylor

- The group does a round of introductions, and answers the question: “What is one thing you’ve learned during quarantine?”
- Jennifer shares Dementia Friendly Nevada Mobilizing Belief #4: “People living with dementia can and do communicate and express themselves meaningfully across the entire continuum of the disease experience. It is important that care partners and community members develop the ability to listen with more than their ears and to speak with more than their words.”
  - Jennifer expresses her appreciation of Chuck McClatchey, Mary Lee Fulkerson, and Susan Stewart, who have been Elder Advisors for Nevada CAN and The NEST Collaborative.
  - Tonya offers to present one mobilizing belief at the June meeting.
- Dementia Friendly Nevada updates (provided by Casey)
  - Dementia Friends Information Session
    - Online, Third Wednesday of each month, from 12:00 – 1:00 PM.
    - Flyer needs to be edited to contain the most up-to date information.
      - Registration is no longer required; a zoom link will be provided on <http://dementiafriendlynevada.org/dementia-friends>.
    - Casey is looking into whether Dementia Friends USA will allow a phone-in option, or whether video is required.
      - If phone is a viable option, a call-in number will be posted on the URL above.
    - The group mentions that an online opportunity might feel more approachable to many people who wouldn’t want to go to an in-person session.
  - Dementia Conversations with Chuck and Jennifer
    - Online, Second Monday of each month, 10:00 – 11:00 AM. Hosted by Chuck McClatchey and Jennifer Carson.
    - A website is being set up at <http://dementiafriendlynevada.org/dementia-conversations>

- This will be an open and accepting environment where anybody and everybody can ask questions about living with dementia and can share their experiences.
- Dementia Friendly Pahrump updates (provided by Casey)
  - The Dementia Friendly Nevada grant—funded through the Nevada Aging and Disability Services Division (ADSD)—is extended through the end of September, 2020. So, all funds need to be used by the end of September.
  - Valley conference center is happy to allow us to reschedule our showing of *Alive Inside* as part of the Pahrump Community Dementia Film Series.
    - We may need to reschedule for a date prior to the end of September. However, ADSD might be willing to allow us to postpone further, should the COVID-19 pandemic continue to prevent public gatherings.
- Nevada CAN updates (provided by Jennifer)
  - There are Nevada CAN overview flyers in both English and Spanish. Accessing services is as simple as calling 2-1-1 or completing the Elder Needs Survey the Nevada CAN website, whether you're an elder or someone who cares about an elder.
    - If you are calling or completing the form on behalf of an elder, it's best to have received the elder's consent, and to let them know that someone will be contacting them to follow up, so as to make sure they aren't caught off guard by the call.,
  - 237 people have requested help through Nevada CAN, the majority of which are requests for food.
    - 56 people have requested social support services, and 11 are currently being served through The NEST Collaborative's social support program.
  - Regarding Tele-health services provided through Nevada CAN, referrals from Primary Care are no longer required. People can request services through the link on the flyer that was distributed.
    - Some services do require a device with a video camera.
  - The group discusses flyers for The NEST Collaborative
    - These flyers are targeted to elders who might benefit from social support opportunities. One flyer is directed toward the general population; the other is focused toward elders living in long-term care settings.
    - A strong focus on the fact that these social support opportunities are designed to be *mutual* exchanges of social support, both amongst elders and between elders and the volunteers who are providing the service.
    - The programs of The NEST Collaborative are:
      - CHECs: one-to-one check-in calls, provided twice per week, that present an opportunity for elders to express their needs and also a chance for the elder and the volunteer to engage in mutual social support.
      - PEER Groups: small groups of elders connecting with each other, and with a dedicated volunteer, once weekly. The aim of these groups is to

position elders to build an interdependent system of support amongst their peers.

- TECH Gatherings: volunteers provide technical assistance in supporting an existing group of elder friends in coming together online.
- How is the COVID-19 pandemic affecting elders in Pahrump
  - 2-1-1 doesn't have enough information on resources in Pahrump
    - Going straight to Nevada Care Connection might be a better way to connect elders with local services.
  - The local newspaper doesn't report on the number of cases of COVID-19 in Pahrump, and doesn't adequately communicate important public health measures to quell the spread of COVID-19
- What can be done to address these gaps? How can we do outreach for Nevada CAN?
  - We should submit an article to the Pahrump Valley Times about Nevada CAN, and the resources that are available to elders.
    - A letter to the editor might be a way to do this.
    - Jennifer will ask the Nevada CAN leadership if we can run an informational piece on the initiative. She also mentions that a public service announcement on Nevada CAN was released today.
  - Jennifer and Casey will edit all the Dementia Friendly Nevada flyers based on feedback from the group, but how do we get those flyers in the hands of elders? How do we do the same for Nevada CAN flyers?
    - Could we send the flyers directly to the Pahrump Valley Times for them to print?
    - Would the food bank be willing to include the flyers in their boxes to elders?
      - Could Nye Communities Coalition distribute the flyers with their food delivery service?
    - If we are going to print flyers, perhaps we should use a local Pahrump business.
    - Since there's so much information in these flyers, perhaps we should distribute them in phases, so as not to overwhelm people.
      - Let's start with the Nevada CAN infographic flyer, potentially with English on one side and Spanish on the other.