



Dementia Friendly Pahrump Meeting Notes - Meeting 20

Tuesday, January 7, 2020 from 1:00 - 3:00 PM

Nye Communities Coalition, Room 31

In attendance: Jennifer Carson, Tonya Brum, Casey Acklin, Barbara Payne, Mike Tracy, Tom Waters

1. Jennifer welcomes the group and reviews the meeting format:
 1. Welcome (10 min) - introductions and review of mobilizing beliefs
 2. Learn (30 min) - dementia education
 3. Reflect (30 min) - discussion of lived experience
 4. Connect (10 min) - break
 5. Strategize (30 min) - program planning and development
 6. Share (10 min) - discussion of community engagement opportunities

2. Should the recurring meeting day and time be changed, potentially to the first Monday of the month?
 1. Tom informs the group of two other recurring meetings we may want to be aware of when scheduling, in case we want to attend those meetings as well:
 1. The Commissioner Meeting, which is held at 10:00 AM on the first Tuesday of each month via videoconference in Tonopah and the third Tuesday of each month in Pahrump.
 1. Jennifer plans to provide an overview of Dementia Friendly Pahrump at the public comment period during an upcoming meeting.

2. The Community Outreach Meeting, which is held on the second Wednesday of each month, from 11:30 AM - 1:00 PM at the Methodist church.

1. Tonya plans to begin attending these meetings as a representative of Dementia Friendly Pahrump.

2. Casey will send out an email asking members whether they prefer the first Monday or first Tuesday of the month for the Dementia Friendly Pahrump Community Group meeting.

3. Do we want to do a “Mix and Mingle” each month?

1. We have no money to purchase snacks with our current funding, which is restricted and cannot be used for food. If we wanted to do it, we would have to generate the money ourselves.

2. The cost would be approximately \$30 per meeting.

3. Barbara offers to host next month’s Mix and Mingle.

4. Welcome

1. The purpose of Dementia Friendly Pahrump is to build a Pahrump community that is respectful, educated, supportive, and inclusive of people living with dementia and family care partners. This is about more than just providing services, it’s about fostering a truly inclusive environment.

2. New members are introduced:

1. Mike Tracy: Social Worker at the VA clinic

2. Tom Waters: community member

3. Part of the mission of Dementia Friendly Pahrump is to be more than an aging services initiative working on behalf of people living with dementia, and to actually include people living with dementia every step of the way. A few of Dementia Friendly Nevada’s mobilizing beliefs detail why this is such an important driving principle:

1. If you know one person living with dementia, you only know one person living with dementia. Generalizations based on notions of ‘age’

or 'stage' are limiting and often wrong. Understanding the experience of living with dementia requires understanding each person as a unique human being.

2. People living with dementia are the genuine experts in the experience of dementia. Their perspectives, wishes and preferences should always be sought and respected in the decisions that affect their lives. Truly engaging each person living with dementia as a legitimate contributor to his or her own experience opens a world of possibilities.
3. Sometimes, what makes care partners feel safe and secure makes people living with dementia feel trapped and anxious.

5. Learn

1. Jennifer provides an overview of Dementia Friendly Nevada and Dementia Friendly Pahrump. Her slides are included at the end of these notes.

6. Reflect

1. The group acknowledges that a central priority for 2020 should be to build the involvement of people living with dementia and family care partners in the Community Group.
2. Tonya asks why doctors across Nevada are not referring patients to Dementia Friendly Nevada services?
 1. Casey suggests that the reason might be that they simply do not know about Dementia Friendly Nevada, which is why outreach to the medical sector is so important. Additionally, doctors tend to think only of the Alzheimer's Association, so making sure that the Alzheimer's Association knows about Dementia Friendly Nevada will allow them, too, to refer out to Dementia Friendly Nevada.
 1. We should connect with the Alzheimer's Association Desert Southwest Chapter to make sure they know all that Dementia Friendly Pahrump is doing.

7. Strategize

1. How do we recruit community members to be a part of Dementia Friendly Pahrump?
 1. Jennifer suggests that we should look into other successful public health campaigns to see what has worked for similar initiatives, even ones that do not focus on dementia.
 1. Jennifer and Casey will bring a few ideas to the February meeting.
 2. Casey suggests building a more robust social media presence.
 1. Other group members explain that many people in Pahrump do not use social media, especially given the older demographics.
2. For 2020, Dementia Friendly Pahrump will aim to:
 1. Build our membership
 1. Casey reminds the group of Barbara's suggestion during a prior meeting that we invite one new community member to the group each month in an effort to learn about community services, spread the word about Dementia Friendly Pahrump programs, and onboard the invited guest as a new member of the Community Group.
 1. For February, Mike will come and present about his work at the VA clinic.
 2. Create physical outreach resources to be distributed throughout the community, and develop a campaign to make that distribution effective.
 1. A particular focus will be raising awareness of Dementia Friendly Pahrump among primary care providers.
 3. Engage in sector-driven education, focused primarily on banks, retail businesses, and faith-based communities.

8. Share

1. Tom shares information about his television series, which highlights community members and initiatives in and around Nye county, and sets up a time later in the year for Jennifer to be interviewed.
2. The Veterans Extravaganza will be happening in Pahrump in March. Tom shares the contact information for the event coordinator, and suggests that Jennifer contact him to set up a booth for Dementia Friendly Pahrump.