

## National and Local Resources – Washoe County

### National Resources

**Alzheimer's Association Helpline** serves people with memory loss, caregivers, health care professionals, general public, diverse populations, and concerned friends and family, and provides referrals to local community programs and services, dementia-related education, crisis assistance and emotional support.

(800) 272-3900 or [www.alz.org](http://www.alz.org)

**Alzheimers.gov.** Provides free information about Alzheimer's disease compiled by the U.S. Department of Health & Human Services including treatment options, Medicare coverage, and referrals to local community resources.

(800) 438- 4380 or [www.alzheimers.gov](http://www.alzheimers.gov)

**Alzheimer's Disease Education and Referral Center (ADEAR).** Provides current Alzheimer's disease information and resources from the National Institute on Aging. Offers information for people with Alzheimer's disease, their families, and professionals, including information on clinical trials.

(800) 438-4380 or [www.nia.nih.gov/alzheimers](http://www.nia.nih.gov/alzheimers)

**Family Caregiver Alliance, National Center on Caregiving (FCA)** seeks to improve the quality of life for caregivers through education, services, research, and advocacy. Through its National Center on Caregiving, FCA offers information on current social, public policy, and caregiving issues and provides assistance in the development of public and private programs for caregivers, as well as a toll-free call center for family caregivers and professionals nationwide.

(800) 445-8106 or [www.caregiver.org](http://www.caregiver.org)

[info@caregiver.org](mailto:info@caregiver.org) (link sends e-mail)

Family Care Navigator: [www.caregiver.org/family-care-navigator](http://www.caregiver.org/family-care-navigator)

FCA CareJourney: [www.caregiver.org/carejourney](http://www.caregiver.org/carejourney)

**HealthCare Interactive (HCI)** strives to empower caregivers through education. The Savvy Caregiver Program is a self-guided DVD educational program that teaches care partners about the basics of dementia, how to explore their new role as caregiver, and effective ways to respond to changes in behavior of a loved one.

(952) 928-7722 or <https://www.hcinteractive.com/families>

## Local Resources

**Access to Healthcare** provides services that may include: Medical discount program for uninsured, care management programs and services, non-emergent medical transportation, and the **Aging and Disability Resources Centers – services for seniors and the disabled** [Info@accesstohealthcare.org](mailto:Info@accesstohealthcare.org) or <http://www.accesstohealthcare.org/>

**Northern Nevada/Main Office** (775) 507-4480  
4001 S. Virginia Street, Suite F Reno, NV 89502

**Aging and Disability Services Division** in the State of Nevada, Department of Health and Human Services represents Nevada's elders, children and adults with disabilities or special health care needs. <http://adsd.nv.gov/>

**Reno Regional Office** (775) 688-1341  
2667 Enterprise Road Reno, NV 89512

**Alzheimer's Association Northern California and Northern Nevada Chapter**  
(775) 786.8061 or [www.alz.org/norcal/](http://www.alz.org/norcal/)  
639 Isbell Road, Suite 240 Reno, Nevada 89509

**Golden Pages** is a source for senior services and community resources from national, state and local information, with a focus on the Reno/Sparks area.  
[http://www.seniorspectrumnewspaper.com/GoldenPages/golden\\_page\\_index.htm](http://www.seniorspectrumnewspaper.com/GoldenPages/golden_page_index.htm)

**Nevada Caregiver Support Center** promote excellence in dementia care by increasing the quality of life of caregivers and care recipients. Services are offered in the **Reno/Sparks** area.  
(775) 784-4335 or <http://nevadacaregiver.unr.edu/>  
University of Nevada, Reno 1664 N. Virginia Street Reno, NV 89557

**Sanford Center for Aging** is dedicated to enhancing the quality of life and well-being among elders through education, translation research, and community outreach.  
(775) 784-4774 or [sanford@unr.edu](mailto:sanford@unr.edu) or <https://med.unr.edu/aging>  
University of Nevada, Reno Center for Molecular Medicine, Room 150 1664 N. Virginia Street Reno, NV 89557

**Sanford Center Geriatric Specialty Clinic**, in collaboration with Renown telehealth network, offers services in **Reno and Northern Nevada's** rural/frontier areas.  
(775) 784-6377 or [sanford@unr.edu](mailto:sanford@unr.edu) or <https://med.unr.edu/aging/geriatric-clinic>