

Dementia Friendly Southern Nevada: Agenda

Friday, March 16, 2018, 9:00AM-11:00AM

Cleveland Clinic Lou Ruvo Center for Brain Health, 888 W. Bonneville Ave., Las Vegas, NV 89106

9:00AM-9:10AM **Introduction**

- Attendees: Paige Wilson, Riley Franco, Susan Hirsch, Evelyn Castro, Kate Ingalsby, Jo Ann Pelaez-Fisher, Randy Bolsinger, Susan Farris, Ericka Shipley, Dennis Kesner, Kathy Kestner, Kelli Kristo, Valerie DelGrosso, Dan Lawler, Julie McIntosh, Nichole Juliano, Nancy Peterson, Cory Lutz, Roxanne Lee, Gina Jolliff, Paul Thornton, Jane Su, Ramon Dimaculagan, Jeff Doucet, Alonzo Thornton, Jane Bjorklund, Sokee Fama, Lori Singer, Carla Hedeon, Flora Sayson, Kat Hartley, Isaac Santa Ana, LeeAnn Mandarin.

9:10AM-9:20AM **Dementia Friendly Southern Nevada Recap - LeeAnn Mandarin**

- LeeAnn presented a PowerPoint, highlighting the Dementia Friendly Nevada (DFN) initiative and accomplishments in Southern Nevada and statewide
- Currently, four communities have been selected as “community action groups” to implement dementia friendly projects (Las Vegas, Reno, Elko and Winnemucca); two additional communities will be selected in April
- DFN followed the process as outlined by Dementia Friendly America:
 - o Step 1 Convene
 - Determine community readiness, generate awareness, find champions
 - DFN kick-off event was held in 2016
 - o Step 2 Engage
 - In Las Vegas, we have initially focused on 4 sectors: government, care partner, community service and health care
 - Groups met to create questionnaires for each sector to determine the level of awareness about dementia, 197 responses were received
 - Twelve focus groups were held for input from care partners and individuals living with dementia
 - o Step 3 Analyze
 - Questionnaires were analyzed by two students from the UNLV Master’s program in public health
 - A key finding was that 69% do not have adequate knowledge of community resources to support persons with dementia and their care partners
 - Respondents indicated the need for more dementia awareness, education and counseling
 - o Step 4 Action/Implementation
 - Overview of projects being implemented by Cleveland Clinic:
 - First responder video, to be available on PBS website
 - Dementia Friendly Nevada website
 - Dementia Capable Conference for healthcare providers and social workers to be held on 6/2/18
 - Resource Notebook
 - Memory screenings at community sites
 - Community Awareness Training Initiative
 - Other Dementia Friendly projects

- Work with Nevada 211 on resource listings and trainings
- Support from the Task Force on Alzheimer's Disease to encourage public awareness and expansion of Dementia Friendly communities

9:20AM-9:35AM Community Spotlight: Helping Hands of Vegas Valley - Cory Lutz

- Cory Lutz provided an overview of the organization:
 - Mission to provide independence and compassion, serve Clark, Nye (Pahrump) and Lincoln counties
 - Services offered are respite, transportation and food pantry
 - Focus on providing a break for caregivers
 - Respite care vouchers are provided for persons age 60+, any disease is eligible
 - Respite qualifications: age 60+, live in own home, financial or physical limitation (for transportation or food)

**9:35AM-9:45AM Dementia Friendly Nevada Committee Summit - Kate Ingalsby,
Aging and Disability Services Division**

- Alzheimer's and Dementia Partner Retreat was held on Feb 21-22, 2018
 - Reviewed ADSD role in Dementia Friendly grants
 - Purpose of retreat to build partnerships and community collaborations
 - Highlighted statewide services and identified gaps/challenges in partnerships, capacity building and public policy
 - Engaged in planning to address sustainability after grant ends in 2019
 - Identified goals for Dementia Friendly Initiative
 - Overall goal to increase quality of life for persons with dementia and their care partners
 - Goal 1: increase access to person-centered activities, peer support and respite
 - Goal 2: Enhance community capacity to support Dementia Friendly Nevada
 - Goal 3: Optimize outreach and advocacy for persons living with dementia
 - Outcomes for Summit: identify future goals, assign partner roles, foster partner collaboration and commitment, increase understanding of community action groups projects

9:45AM-10:00AM Southern Nevada Rural Coalitions - Riley Franco, Nevada Senior Services

- Riley Franco highlighted outreach efforts to partner with rural communities in southern Nevada to offer services and evidence-based programs at various locations:
 - RCI REACH – one-to-one private coaching for caregivers caring for persons with Alzheimer's disease
 - BRI Care Consultation – telephone-based caregiver support for those caring for individuals with chronic illnesses, across the lifespan
 - Caring for You, Caring for Me – 10 hour education workshop designed for family and professional caregivers to participate together
 - Care Connection Resource Center (CCRC) – helps individuals of all ages access long term services and supports by providing Options Counseling, Veterans services and caregiver programs
 - Rural Outreach – travel throughout rural communities in southern Nevada to make local connections and offer supportive services for persons living with dementia and their care partners

10:00AM-10:10AM **Dementia Friendly Website Updates**

www.dementiafriendlynevada.org

- Isaac Santa Ana provided an update on the main page which will feature general information, resources and training/events
- Pages are being designed for each of the Dementia Friendly community action groups (Elko, Winnemucca, Southern Nevada and Reno) to feature information pertinent to each community

10:10AM-10:20AM **Memory Screening Task Force** - Training Day update - Susan Farris

Tuesday, March 6, 10:00AM-2:00PM

Future memory screenings sites needed: September & October

- Susan Farris reported on the efforts of Memory Screening Task Force to offer screenings in community locations to reach people "where they are".
- Christ Church Episcopal, the first pilot location, held their screening on March 6 with support from Cleveland Clinic, Alzheimer's Association and College of Southern Nevada. There were 30 participants screened, 24 of whom had never had a memory screening; the average age was 69.
- The Task Force is looking for faith-based organizations who are interested in hosting a memory screening at their site, in September and October 2018

10:15AM-10:25AM **New Sign-in Process** (Dementia Friendly Nevada Reporting Log) – Isaac Santa Ana

- A new form is being used to anonymously record information, requested under the ADSD grant, regarding the number of care partners and persons with dementia who attend each community action group meeting

10:25AM-10:30AM **Call to Action** – Listening Session hosted by Alzheimer's Association, Tuesday, March 20th

- This RSVP-only event will be held from 9-12 Noon, to collect information to present to the Nevada Interim Committee to Study the Needs Related to the Behavioral and Cognitive Care of Older Persons

10:30AM-11:00AM **Group Photos:** Community Awareness Training (CAT) & Meeting Attendees

11:00AM **Adjourn**

Next Meeting **Friday, May 18, 9:00AM-11:00AM**, location to be determined. If an organization is willing to host the next or upcoming meetings, please contact LeeAnn Mandarino

DFA Mission Statement

- Broaden awareness and recognition of the signs of dementia and how to communicate with people with dementia.
- Encourage people with dementia to go about their daily activities, have a voice and make decisions, and contribute to community life for as long as possible with understanding, respect, and support from their care partners and other community members.
- Support people with dementia to live safely and be as independent as possible in settings that promote physical, mental, intellectual, emotional, social and spiritual wellness.

- Guide people with dementia-like symptoms to receive an accurate and timely assessment and diagnosis followed by optimal treatment, support, and care.
- Provide people with dementia and their families, friends, and care-partners easy access to supportive options, information and resources, such as education on disease process, self-care, and providing care.
- Ensure resources and support are available and accessible to all people regardless of where they live, their cultural background, or their economic status.