

Dementia Friendly Southern Nevada General Meeting

Date: Friday, July 21, 2017, 9:00AM-11:00AM

Attendance:

Barbara Payne; Karen Taylor; Gaye Lagana; Jennifer Salem; Evelyn Castro; Kelli Kristo; Susan Hirsch; Becky Watson; Valerie DelGrosso; Ruth Almén; Cendrené Neil; Lynda Hascheff; Flora Sayson; Mari Robinson; Sue Cook; Cory Lutz; Randy Bolsinger; Lisa Radin; Jamillah; Linda Freimanis; JoAnn Fisher; Kat Hartley; Karen Mariano; Shaina Meyer; Julie Picconi; Jacqueline Jones; Carla Hedeem; Socerro Fama; Jeff Doucet; Sabra McWhirter; Andrea Dixon; Isaac Santa Ana; LeeAnn Mandarino; Brook Hurd

Introductions

Dementia Friendly Southern Nevada (DFSN) Summary

- Dementia Friendly Southern Nevada (DFSN) is affiliated with the Dementia Friendly America (DFA) initiative fostering an evidence-based, multi-sector approach to shaping dementia-friendly communities across America. DFSN averages 35 members in monthly meeting attendance. DFSN members represent a diverse group of Southern Nevada community members advocating dementia care agencies to patients and caregivers. According to the DFA initiative, DFSN is currently in Phase 2 of 4 (Convene, Engage, Analyze, & Act; respectively). DFSN identified 8 sector groups (initial sector groups: Care Partner Services, Community Services, Government, & Healthcare; subsequent sector groups: Business, Financial, Legal, & Faith) to support the DFA mission and goals. DFSN adapted the DFA Toolkit to fit our community and started utilizing the sector-questionnaires, since November 2016. The sector-questionnaires have been adapted to meet the needs of our Southern Nevada community members and to evaluate the strengths and gaps associated with the DFA initiative. Our goal is achieve 100 sector-questionnaires completed per sector before July 2017. DFSN has 199 sector-questionnaires completed to date. In preparation for Phase 3-Analyze, we have 2 student interns from the UNLV Master of Public Health program (Mr. Kristopher Kaplan and Mr. Anish Puri) assisting the project. In addition to our sector-questionnaires, we will conduct caregiver focus groups to obtain feedback from the services they receive in our community; promoting advocacy for both the patient and caregivers. Plans to incorporate early stage dementia focus groups are underway. The DFSN student interns will help analyze our community's strengths and gaps, develop a system to prioritize our community action plans, and a means to monitor our success. DFSN anticipates Phase 3 and 4 for each of the sector groups to be completed within the next few months, July 2017.

Community Spotlight:

- Valerie Del Grosso, Esq., Origins, "Advocating for Caregivers and Dementia Patients."

Call or email anytime: (702) 900-1470

Valerie@OriginsLegalGroup.com; Jennifer@OriginsLegalGroup.com

- <https://lawelderlaw.com/guiding-families/the-elder-care-journey/>
- Power of Attorney
 - Individuals who have capacity
 - Any financial position
- Estate Planning with Lifetime Benefits
 - Individuals who have capacity
 - Financial position: non-indigent
- Gifting Issues
 - Caregivers (often spouses) who have been caregiving for quite some time
 - Financial condition: spending more for longer than expected; looking at gov't options for care
- The downside of gifting
- Medicaid Qualification Rules
 - Just prior to applying for Medicaid or right after a denial
 - Financial condition: non-indigent

Early Stage Dementia Focus Groups: *See Handout

Facilitator	Note Taker	Time	Date	Location	Address
Ruth Almén	Isaac	1:00PM-2:30PM	8/17/2017	Downtown Las Vegas	Cleveland Clinic Lou Ruvo Center for Brain Health 888 W. Bonneville Ave. Las Vegas, NV 89106
Evelyn Castro	Isaac	TBD	TBD	Paradise Las Vegas	Alzheimer's Association 5190 S Valley View Blvd, Suite 104 Las Vegas, NV 89118

- **Methods:**
 - 6 questions, facilitator, & note taker
 - Goal: To publish a brochure/pamphlet that will help ease the burden for early stage patients with dementia.
 - Objective: To inform individuals affected by dementia about available community resources.
- **Analysis:**
 - To request a copy of the analysis, please email Isaac, santai@ccf.org.
- **Conclusions:**
 - Up to the Dementia Friendly Southern Nevada team to decide what action plans to pursue. Analysis of Sector-Questionnaires and Caregiver Focus Groups will aid in developing community action plans.

Potential Community Action Plans: *See Handout

- Caregiver Counseling, Support Groups and Services
 - Develop, promote and increase awareness of counseling options for people with dementia and their families so they can have skilled guidance as they navigate services, supports, relationships, and their emotions.
 - Explore models for developing an informal group respite resource (e.g. provide coffee and companionship for person with dementia while caregiver grocery shops)
 - Host caregiver connection activities or gatherings.
 - Explore models for developing a caregiver mentoring network.
 - Establish a referral system to dementia guides or single point of reference on dementia for community.
- DFN Team Responses:
 - 2-1-1 Service, NV webpage
 - Royal Pages of Clark Count- not always up-to-date.
 - ADRC website: <https://www.nevadaadrc.com/>
 - NV Caregiver Toolbox *See Handout
 - Considerations for developing resources:
 - Develop a workflow website
 - Telephone access for non-tech individuals
 - Flyers
 - Cross-customer training
 - Resource training at hospital/medical appointment
 - Cultural competency
 - Media: PSA, news channel, newspaper, NPR (radio), websites, social media
 - Cost can be supplemented by in kind donations.
 - Advocacy
 - Classes
- Macro-Level Training:
 - One-the-ground points of entry:
 - Doctor's offices
 - Volunteers trained/certified by DFN. Training covers basic dementia education, how to navigate resource tools, and follow-up.
 - Licensed Social Workers → Potential supervisors.
- Content → Reach patients and caregivers
 - Model: "Train the Trainer"
 - Seek program ideas from Coach Boyles Playbook.
 - Sequence resource into different stages of dementia.
 - Utilize Alzheimer's Association resources & guides.
- Task Force:
 - Resource Task Force- This group will be responsible for gathering, prioritizing, and sequencing the caregiver resources. Also, developing the language for how the resources will be presented.

- Date/Time/Location:
 - Friday, August 11, 9AM-11AM, World Market Center 475 S Grand Central Pkwy, Las Vegas, NV 89106, Building A, Suite 246.
- Training Task Force- This group will be responsible for developing and designing the caregiver training program on how to promote resources and train future volunteers, following the “Train the Trainer” model.
 - Date/Time/Location:
 - Friday, August 18, 9AM-11AM, World Market Center 475 S Grand Central Pkwy, Las Vegas, NV 89106, Building A, Suite 246.

Open Forum:

- Please email me, santai@ccf.org, any events you would like to share with our DFN members.

Action Items:

1. Resource Task Force Meetings:
 - **Friday, August 11, 9:00AM-11:00AM, World Market Center 475 S Grand Central Pkwy, Las Vegas, NV 89106, Building A, Suite 246.**
2. Training Task Force Meetings:
 - **Friday, August 18, 9:00AM-11:00AM, World Market Center 475 S Grand Central Pkwy, Las Vegas, NV 89106, Building A, Suite 246.**
3. Early Stage Dementia Focus Groups:
 - **Thursday, August 17, 1:00PM-2:30PM, Cleveland Clinic Lou Ruvo Center for Brain Health, 888 W Bonneville Ave, Las Vegas, NV 89106, 4th Floor Conference Room.**
4. Next meeting. Save the Date:
 - **Friday, August 25, 9:00AM-11:00AM, Cleveland Clinic Lou Ruvo Center for Brain Health, 888 W Bonneville Ave, Las Vegas, NV 89106, Feinberg Education Center.**
5. Requests for presenting “dementia friendly” programs and services in Southern Nevada at future meetings. At our next meeting.
6. Caregiver Focus Groups. Organize → Advertise → Conduct → Analyze → Summarize. Present at next meeting. Read the following Dementia Friendly Communities Toolkit. Propose community action plans.