

## Dementia Friendly Southern Nevada General Meeting

Date: Friday, June 16, 2017, 9:00AM-11:00AM

### Attendance:

Lynda Hascheff; Siboney Zelaya; Marcella Castillo; Robyn Diamant; Ken Nguyen; Jacob Townsend; Myles Ferrer; Kelli Kristo; Barbara Payne; Barbara Leachy; Madison Lane; Susan Farris; Dawn Lauritzen; Samuel Hickson; Becky Watson; Justine Perez; Sue Cook; Ed Guthrie; Carly Blondin; Tamika Fuller; Alonzo Thornton; Randy Bolsinger; Connie Hollenbeck; Valerie DelGrosso; Mari Robinson; Liz Spencer; Lisa Radin; Roxanne Lee; Jennifer Salem; Jennifer Florendo; Julie Zacharias Simpson; Richard Chatwin; Kat Hartley; Michael Bennett; Susan Hirsch; Ruth Almen; Shaina Meyer; Michelle Gold; Jacqueline Jones; Cassandra Cotton; Pam Shields; Carla Hedeem; Theresa Yanni.

### Introductions

#### Dementia Friendly Southern Nevada (DFSN) Summary

- Dementia Friendly Southern Nevada (DFSN) is affiliated with the Dementia Friendly America (DFA) initiative fostering an evidence-based, multi-sector approach to shaping dementia-friendly communities across America. DFSN averages 35 members in monthly meeting attendance. DFSN members represent a diverse group of Southern Nevada community members advocating dementia care agencies to patients and caregivers. According to the DFA initiative, DFSN is currently in Phase 2 of 4 (Convene, Engage, Analyze, & Act; respectively). DFSN identified 8 sector groups (initial sector groups: Care Partner Services, Community Services, Government, & Healthcare; subsequent sector groups: Business, Financial, Legal, & Faith) to support the DFA mission and goals. DFSN adapted the DFA Toolkit to fit our community and started utilizing the sector-questionnaires, since November 2016. The sector-questionnaires have been adapted to meet the needs of our Southern Nevada community members and to evaluate the strengths and gaps associated with the DFA initiative. Our goal is achieve 100 sector-questionnaires completed per sector before July 2017. DFSN has 199 sector-questionnaires completed to date. In preparation for Phase 3-Analyze, we have 2 student interns from the UNLV Master of Public Health program (Mr. Kristopher Kaplan and Mr. Anish Puri) assisting the project. In addition to our sector-questionnaires, we will conduct caregiver focus groups to obtain feedback from the services they receive in our community; promoting advocacy for both the patient and caregivers. Plans to incorporate early stage dementia focus groups are underway. The DFSN student interns will help analyze our community's strengths and gaps, develop a system to prioritize our community action plans, and a means to monitor our success. DFSN anticipates Phase 3 and 4 for each of the sector groups to be completed within the next few months, July 2017.

### Community Spotlight:

- Richard Chatwin, Gerrard Cox Larsen Attorneys at Law. Presenting, “Guardianship, and how to avoid them.”
  - Nevada Guardianships: General, Temporary, Special, Adult/Minor, Person/Estate
  - When do you need a guardianship?
    - Most common- a person is mentally incompetent and has no POA.
  - Avoiding Interferences
    - Solutions to not becoming a “Ward of the State”
    - Be proactive with a good estate plan
    - Make good choices of who will assist you with financial and healthcare
    - Good communication with family/friends
  - Legislative Updates
    - Senate Bill 433- Right to counsel and increase of filing fees (effective 7/1/2017)
    - Assembly Bill 130- Guardianship care plan and attorney’s fees (mostly effective 1/1/2018)
    - Assembly Bill 245- Jurisdiction over trusts (effective 10/1/2017)
    - Senate Bill 360- Protected person Bill of Rights (effective TBD)

Caregiver Focus Group Updates: \*See PowerPoint Handout

| Facilitator                      | Attend | Time            | Date                      | Location          | Address   |
|----------------------------------|--------|-----------------|---------------------------|-------------------|---|
| 1. Donna Munic-Miller            | 19     | 1:15PM-2:45PM   | Wednesday, April 12, 2017 | Downtown          | Cleveland Clinic Lou Ruvo Center for Brain Health |
| 2. Madison Lane                  | 0      | 2:00PM-3:00PM   | Friday, May 12, 2017      | Boulder City      | NV State Veterans Home                            |
| 3. Randy Bolsinger/Cendrene Neil | 0      | 9:30AM-10:30AM  | Tuesday, May 16, 2017     | Centennial        | Centennial Hills YMCA                             |
| 4. Randy Bolsinger/Cendrene Neil | 1      | 6:30PM-7:30PM   | Thursday, May 18, 2017    | Centennial        | Centennial Hills YMCA                             |
| 5. Evelyn Castro                 | 14     | 10:00AM-11:30AM | Thursday, May 25, 2017    | Spanish Community | Alzheimer's Association                           |
| 6. Irma Prettenhofer             | 6      | 1:00PM-2:30PM   | Thursday, June 08, 2017   | Paradise          | Alzheimer's Association                           |
| 7. Jo Ann Fisher                 | 1      | 10:00AM-11:30AM | Monday, June 12, 2017     | Henderson         | St. Rose Dominican, Siena Campus Hospital         |
| 8. Jo Ann Fisher                 | 8      | 6:30PM-8:00PM   | Monday, June 12, 2017     | Henderson         | St. Thomas Catholic Church                        |
| 9. Kevin Cheatham                | TBD    | 2:00PM-3:30PM   | Tuesday, June 13, 2017    | Mesquite          | Mesquite Recreation Center                        |

|                       |     |                 |                          |          |                         |
|-----------------------|-----|-----------------|--------------------------|----------|-------------------------|
| 10. Karen Taylor      | 7   | 10:30AM-12:00PM | Thursday, June 15, 2017  | Pahrump  | Pahrump Senior Center   |
| 11. Irma Prettenhofer | TBD | 10:00AM-11:30AM | Friday, June 16, 2017    | Paradise | Alzheimer's Association |
| 12. Barbara Payne     | TBD | 10:00AM-11:30AM | Wednesday, June 28, 2017 | Pahrump  | Pahrump Senior Center   |

- **Methods:**
  - 6 questions, facilitator, & note taker
  - Goal: To publish a brochure/pamphlet that will help ease the burden for new and established caregivers.
  - Objective: To educate our community about dementia. To inform individuals affected by dementia about available community resources.
- **Analysis:**
  - To request a copy of the analysis, please email Isaac, [santai@ccf.org](mailto:santai@ccf.org) .
- **Conclusions:**
  - Up to the Dementia Friendly Southern Nevada team to decide what action plans to pursue. Analysis of Sector-Questionnaires and Caregiver Focus Groups will aide in developing community action plans.

Potential Community Action Plans: \*See Response Category Handout

1. Caregiver Counseling, Support Groups and Services
2. Education and Training for Family Caregivers
3. Awareness
4. Health Care: Staff Training
5. Health Care: Cognitive Impairment Identification, Assessment and Management
6. Banks and Financial Services
7. Transportation
8. Communities of Faith
9. Neighbors and Community Members
10. Independence at Home Services
11. Businesses
12. Legal and Advance Planning Services
13. Government, Community, and Mobility Planning
14. Health Care Throughout the Continuum
15. Wellness
16. Meaningful Engagement Activities
17. Residential Settings
18. Government: Disaster Planning
19. Libraries
20. Community-based Services and Supports
21. Memory Loss Supports and Services
22. Government: Emergency Planning and Response
23. Hospitals

### Next Steps: Prioritizing Goals

1. Create a list of priority goals generated from community engagement process.
2. Next to each goal, list possible responses/actions/programs the community might consider to take action.
3. At next meeting, community members will self-select into goal areas, review possible actions listed, and pick their top 1-2 actions using the prioritization criteria (handout).
4. Bring everyone back together to report on the top 1-2 actions for the goal areas. Then have the full group identify 2-3 that “rise to top” again using the prioritization criteria (handout).
5. The highest priority actions agreed upon by the group will be the foundational to a work plan and budget used to seek funding. Your community might take on more than one priority action, depending on size, scope, and resources.

### Prioritization Criteria

- The idea seems doable (we have the right people and resources to make it work in a year or less)
- It is a good fit for the Southern Nevada community
- It would make a meaningful difference for the community
- It is affordable (can be done on a limited budget)

### Dementia Friendly Nevada Grant

- Dementia Friendly Southern Nevada Awarded \$10,000 for community activities.
  - Community Action Sites: Las Vegas, Reno, Elko, & Winnemucca. Plans to encourage more communities to apply for 2018.
- Awarded applicants demonstrated community interest in becoming dementia-friendly; have an appointed champion to report to the Statewide Advisory Team; commit to being inclusive to persons with dementia and their care partners; and secure participation from various sector-representatives, including: memory loss supports and services, community based services and supports, banks and financial services, neighbors and community members, hospitals, communities of faith, health care throughout the continuum, libraries, businesses, government, community and mobility planning, emergency planning and first response, and legal and advanced planning services.
- Purpose:
  1. Engage Nevada communities, including persons living with dementia, family care givers, healthcare professionals and the broader community, in dialogue about Alzheimer’s disease and other forms of dementia;
  2. Foster a collaborative, multi-sector approach toward becoming a dementia friendly and inclusive community using the Dementia Friendly America model;
  3. Expand the reach of the Nevada Dementia Supports Toolbox. This initiative aims to develop and promote communities that are informed, safe, respectful, and inclusive of persons living with dementia and their care partners.

- Objectives:
  1. Initiate community action groups across the state aimed at transforming the culture of dementia in those communities, enabling conversation and participation by all citizens, especially persons living with dementia.
  2. Facilitate and mobilize community-driven change utilizing the Dementia Friendly America model.
  3. Enhance the reach of programs within the Nevada Dementia Supports Toolbox.

Open Forum:

- Create Early Stage Dementia Focus Groups

Action Items:

1. Next meeting. Save the Date: **Friday, July 21, 9:00AM-11:00AM.**
2. Requests for presenting “dementia friendly” programs and services in Southern Nevada at future meetings. At our next meeting, Valerie Del Grosso from Origins Legal Group will discuss legal issues important to seniors and advocacy for patients with dementia and caregivers.
3. Caregiver Focus Groups. Organize → Advertise → Conduct → Analyze → Summarize. Present at next meeting. Read the following Dementia Friendly Communities Toolkit. Propose community action plans.