

Dementia Friendly Southern Nevada General Meeting

Date: Friday, May 5, 2017, 9:00AM-11:00AM

Attendance:

Barbara Payne; Vashti Maharaj; Azaria Williams; Gina Jolliff; Connie Hollenbeck; Pam Shields; Elizabeth Spencer; Samuel Hickson; Cendrene Neil; Donna Liguori; Linda Freimanis; Katrina Fowler; Theresa Yanni; Lisa Sequera; Randy Bolsinger; Michelle Gold; Jeanne Foley; Mary Robinson; Susan Hirsch; Debbie Carroll; Richard Chatwin; Julie Picconi; Roxanne Lee; Cory Lutz; Cassandra Cutter; Jacqueline Jones; Carla Hedeem; Greg Martin; Kat Hartley; Kristopher Kaplan; Anish Puri; Isaac Santa Ana; LeeAnn Mandarin.

Introductions

Dementia Friendly Southern Nevada (DFSN) Summary

- Dementia Friendly Southern Nevada (DFSN) is affiliated with the Dementia Friendly America (DFA) initiative fostering an evidence-based, multi-sector approach to shaping dementia-friendly communities across America. DFSN averages 35 members in monthly meeting attendance. DFSN members represent a diverse group of Southern Nevada community members advocating dementia care agencies to patients and caregivers. According to the DFA initiative, DFSN is currently in Phase 2 of 4 (Convene, Engage, Analyze, & Act; respectively). DFSN identified 8 sector groups (initial sector groups: Care Partner Services, Community Services, Government, & Healthcare; subsequent sector groups: Business, Financial, Legal, & Faith) to support the DFA mission and goals. DFSN adapted the DFA Toolkit to fit our community and started utilizing the sector-questionnaires, since November 2016. The sector-questionnaires have been adapted to meet the needs of our Southern Nevada community members and to evaluate the strengths and gaps associated with the DFA initiative. Our goal is achieve 100 sector-questionnaires completed per sector before April 2017. DFSN has 198 sector-questionnaires completed to date. In preparation for Phase 3-Analyze, we have 2 student interns from the UNLV Master of Public Health program (Mr. Kristopher Kaplan and Mr. Anish Puri) assisting the project. In addition to our sector-questionnaires, we will conduct caregiver focus groups to obtain feedback from the services they receive in our community; promoting advocacy for both the patient and caregivers. The DFSN student interns will help analyze our community's strengths and gaps, develop a system to prioritize our community action plans, and a means to monitor our success. DFSN anticipates Phase 3 and 4 for each of the sector groups to be completed within the next few months, July 2017.

Internship Poster Presentation:

- Kristopher presented his poster on "Dementia Friendly Southern Nevada" [Care Partners & Community Services]
 - Background

- Introduction
- Objectives
 - Creation of a community action plan that includes
 - Community leaders
 - Those living with dementia
 - Care partners
 - Interested community members
- Methods
 - Phase 1- Convene and Educate
 - Phase 2- Community Engagement
 - Phase 3- Analysis
 - Phase 4- Act
- Results
 - Gaps
 - Affordable care services
 - Dementia awareness
 - Strengths
 - Friends, family, volunteers
 - Adult day care
- Conclusions
 - Creation of dementia diagnosis plan
 - Community based focus groups
 - Dementia friendly resource website
- Internship Conclusions
 - Competencies covered
 - Communication and informatics
 - Diversity and culture
 - Social/Behavioral influences
- Anish presented his poster on “Assessing Community Strengths and Gaps for a Dementia Friendly Southern Nevada”. [Healthcare & Government]
 - Background
 - Introduction
 - Overview
 - Methods
 - Results
 - Conclusions
 - Community gaps include:
 - Lack dementia-related resources for underserved populations.
 - Dementia Awareness (Resources & Education).
 - Affordable Care Services.
 - Community Strengths
 - Alzheimer’s Association.
 - Family, Friends, and Volunteers.

- Outcome
 - Increased dementia awareness and availability of resources.
 - Internship Conclusions
 - Competencies covered
 - Interacting with diverse individuals and communities to produce an intended public health outcome.
 - Communicate audience-appropriate public health content, both in writing and through oral presentation.
 - Perform effectively on interprofessional teams.

Pilot Caregiver Focus Group Results:

- Anish and Kris helped analyze the pilot caregiver focus group results.
- Isaac presented the caregiver focus group PowerPoint presentation.
 - Date: Wednesday, April 12, 1:15PM-2:45PM
 - Location: Cleveland Clinic, KMA Event Center
 - Facilitator: Dr. Donna Munic-Miller, Psychologist, Memory Loss Support Group Facilitator
 - Note Taker: Kristopher Kaplan, UNLV MPH Intern
 - Participants: 12 participants from Dr. Munic-Miller's support group and 8 facilitator observers
- **Methods:**
 - 6 questions, facilitator, & note taker
 - Goal: To publish a brochure/pamphlet that will help ease the burden for new and established caregivers.
 - Objective: To educate our community about dementia. To inform individuals affected by dementia about available community resources.
- **Analysis:**
 - See attached PowerPoint presentation. Download available online.
- **Conclusions:**
 - Up to the Dementia Friendly Southern Nevada team to decide what action plans to pursue. Analysis of Sector-Questionnaires and Caregiver Focus Groups will aide in developing community action plans.

Caregiver Focus Group Schedule:

- Madison Lane - **Henderson** | To RSVP call 702-266-6326
 - Friday, May 12, 2:00PM-3:00PM, 100 Veterans Memorial Dr, Boulder City, NV 89002
- Randy Bolsinger/Cendrene Neil - **Centennial** | To RSVP call 702-217-9395
 - Tuesday, May 16, 9:30AM-10:30AM, Centennial Hills YMCA, 6601 N Buffalo Dr, Las Vegas, NV 89131
- Randy Bolsinger/Cendrene Neil - **Centennial** | To RSVP call 702-217-9395
 - Thursday, May 18, 6:30PM-7:30PM, Centennial Hills YMCA, 6601 N Buffalo Dr, Las Vegas, NV 89131

- Jo Ann Fisher - **Henderson** | To RSVP call 702-321-3473
 - Monday, June 12, 10:00AM-11:30AM, 3001 St Rose Pkwy, Henderson, NV 89052 (Siena Hospital, Adrian Tower, Conference Room AB)
- Barbara Payne - **Pahrump** | To RSVP call 775-537-2082
 - Wednesday, June 28, Time TBD, 1020 E Wilson Rd, Pahrump, NV 89048
- Alonzo Thornton - **Boulder City** | To RSVP call 702-332-6737
 - Rescheduled - TBD, 100 Veterans Memorial Dr, Boulder City, NV 89002
- LeeAnn Mandarino - **Downtown Las Vegas**
 - TBD, Cleveland Clinic Lou Ruvo Center for Brain Health, 888 W Bonneville Ave, Las Vegas, NV 89106
- Jaqueline Jones - **North Las Vegas**
 - TBD, Friends of Parkinson's, 2400 N Tenaya Way, Las Vegas, NV 89128 (Ackerman Building, Conference Room)
- Irma Prettenhofer - Mesquite / Paradise / Spanish Community
- Evelyn Castro - Mesquite / Paradise / Spanish Community
- Susan Hirsch - Unspecified
- Steven McBride - Unspecified
- Melody Mojica - Asian Community
- Tracy Banner - Southwest Las Vegas (Enterprise)
- Sandra Miner - Enterprise
- Albert Chavez - Laughlin / Paradise
- Nicole Anderson - Laughlin / Paradise

Caregiver Focus Group Recruitment, Advertising, & Other Ideas:

- Teleconferencing with caregiver focus groups (i.e. Spanish speaking caregivers may benefit from accessing a phone call versus transportation)
- Spanish caregiver focus groups.
- To identify the underserved populations in southern Nevada, consider reaching out to government staffers to identify socio-economic demographics in our community (i.e. Harry Reid staffers, etc.)
- Location to advertise: Churches, Libraries, RTC buses, Senior Centers, Newspapers, Magazines, Social Media

Alzheimer's Association - Azaria Williams:

- Alzheimer's Association - Desert Southwest Chapter
 - Serving Arizona and Southern Nevada
 - Helpline: 1-800-272-3900
 - Website: www.alz.org/dws
- Promoted the programs and services available to patients and caregivers.
 - Provide information, referrals and support for Alzheimer's disease and related dementias, 24-hours a day for families, care partners, services providers and members of the community.

- Services also available in Spanish.
 - Línea de ayuda: 1-800-272-3900

Action Items:

1. Next meeting. Save the Date: **Friday, June 16, 9:00AM-11:00AM.**
2. Requests for presenting “dementia friendly” programs and services in Southern Nevada at future meetings. At our next meeting, Richard Chatwin from Gerrard-Cox-Larsen Attorneys at Law will discuss guardianships and how to avoid them; the status of changes in guardianship laws in the Nevada Legislature.
3. Caregiver Focus Groups. Organize → Advertise → Conduct → Analyze → Summarize. Present at next meeting. Propose community action plans.