

Dementia Friendly Southern Nevada General Meeting

Date: Friday, March 31, 2017, 9:00AM-11:00AM

Attendance:

Susan Farris; Irma Prettenhofer; Evelyn Castro; Mary Taylor; Cendrene Neil; Rachel Hammelrath; Lucy Hau; Jo Ann Fisher; Susan Hirsch; Samantha Garr; Jeff Doucet; Katrina Fowler; Jennifer Salem; Randy Bolsinger; Barbara Payne; Cory Lutz; Jane Bjorklund; Julie Picconi; Rich Chatwin; Valerie Del Grosso; Madison Lane; Tracy Banner; Steve Greshman; Ed Guthrie; Carla Hedeem; Sandra Miner; Alonzo Thronton; Cristina Navata; Steven McBride; Greg Martin; Rey Visperas

Introductions

Dementia Friendly Southern Nevada (DFSN) Summary

- Dementia Friendly Southern Nevada (DFSN) is affiliated with the Dementia Friendly America (DFA) initiative fostering an evidence-based, multi-sector approach to shaping dementia-friendly communities across America. DFSN averages 35 members in monthly meeting attendance. DFSN members represent a diverse group of Southern Nevada community members advocating dementia care agencies to patients and caregivers. According to the DFA initiative, DFSN is currently in Phase 2 of 4 (Convene, Engage, Analyze, & Act; respectively). DFSN identified 8 sector groups (initial sector groups: Care Partner Services, Community Services, Government, & Healthcare; subsequent sector groups: Business, Financial, Legal, & Faith) to support the DFA mission and goals. DFSN adapted the DFA Toolkit to fit our community and started utilizing the sector-questionnaires, since November 2016. The sector-questionnaires have been adapted to meet the needs of our Southern Nevada community members and to evaluate the strengths and gaps associated with the DFA initiative. Our goal is achieve 100 sector-questionnaires completed per sector before March 2017. DFSN has 177 sector-questionnaires completed to date. In preparation for Phase 3-Analyze, we have 2 student interns from the UNLV Master of Public Health program (Mr. Kristopher Kaplan and Mr. Anish Puri) assisting the project. The DFSN student interns will help analyze our community's strengths and gaps, develop a system to prioritize our community action plans, and a means to monitor our success. DFSN anticipates Phase 3 and 4 for each of the sector groups to be completed within the next few months, June 2017.
- **Turning point.** DFSN member identified a turning point at our February 28 DFSN meeting. It was reveal from that meeting, our objective as a dementia friendly initiative should address the needs of the patients and caregivers of dementia, directly. Members proposed Caregiver Focus Groups to attain the strengths and weakness, concerns, and issues our patient and caregivers are facing.
- **Volunteer facilitators.** DFSN members volunteered to become Caregiver Focus Group Facilitators. UNLV MPH interns, Anish and Kris helped develop the guidelines and focus

group questions to be used at our first pilot focus group, April 12 (reserved for volunteer Facilitators).

Focus Group Training

- Anish & Kris provided a brief PowerPoint presentation and handout on conducting a caregiver focus group. Guidelines included:
 - Setting up a date, time, and location
 - Advertising & recruiting participants
 - Focus group size, duration, environment, anonymity/confidentiality (name tents/tags)
 - Facilitators
 - Note taker

Pilot Caregiver Focus Group

- Focus group volunteers are invited to attend a Caregiver Focus Group led by Neuropsychologist, Dr. Donna Munic-Miller on Wednesday, April 12, 2017 from 1:15PM-2:45PM. RSVP requested, email Isaac, santai@ccf.org.
- **Objective:** Feedback from the focus group will be reviewed and prepared for discussion at the next general meeting.
 - **Focus Group Questions:** DFSN members discussed the possibility of knowing what questions to ask, what follow up questions ask, and what do we want to do with that information? DFSN decided we need to have the pilot focus group to help test the questions adapted from the original Caregiver Sector Questionnaire.
- **Analysis:** Trends collected from future caregiver focus groups will be identified and prioritized by our UNLV MPH interns.
- **Community Action Plans:** Action plans will be developed by the DFSN community members to address the feedback from caregivers.

Focus Group Questions

1. What do you wish you had known when your loved one was showing symptoms of dementia?
2. What do you like about the caregiver services you received?
 - a. Follow up:
 - i. What stands out or helps you during your daily activities?
 - ii. What would you like to see more of?
3. Are you happy with the resources available for caregivers?
 - a. Follow up:
 - i. Are they readily accessible/easy to locate?
 - ii. Are there not enough services?
 - iii. Are they actually useful or would you be better off doing things your own way?
4. What weaknesses do you face in terms of receiving support?
 - a. Follow up:

- i. What would make daily activities easier?
 - ii. What area/sector is lacking the most? (healthcare, caregiver services, local businesses)
5. What is the one thing you believe everybody in the community should understand about dementia?
 - a. Sample answers include the following but should range significantly from one another:
 - i. How to interact with a caregiver and an individual that suffers from dementia.
 - ii. General knowledge about the disease.
 - iii. How difficult it is to manage on a daily basis.
6. After a patient has received a diagnosis, what do you wish you had known?

Volunteer Facilitators

1. Here are the following facilitator volunteers:
2. Steven McBride- unspecified
3. Irma Prettenhofer- Mesquite/Paradise/Spanish community
4. Evelyn Castro- Mesquite/Paradise/Spanish community
5. Susan Hirsch- unspecified
6. Randy Bolsinger- Centennial
7. Barbara Payne- Pahrump
8. Karen Taylor- Pahrump
9. Alonzo Thornton- Boulder City
10. Madison Lane- Henderson
11. Donna Munic-Miller- Las Vegas
12. Melody Mojica- Asian Community
13. Tracy Banner- Southwest Las Vegas (Enterprise)
14. Sandra Miner- Centennial
15. Jo Ann Fisher- Paradise
16. Jacqueline Jones- North Las Vegas

Caregiver Focus Group Recruitment, Advertising, & Other Ideas:

- Teleconferencing with caregiver focus groups (i.e. Spanish speaking caregivers may benefit from accessing a phone call versus transportation)
- Spanish caregiver focus groups.
- To identify the underserved populations in southern Nevada, consider reaching out to government staffers to identify socio-economic demographics in our community (i.e. Harry Reid staffers, etc.)
- Location to advertise: Churches, Libraries, RTC buses, Senior Centers, Newspapers, Magazines, Social Media
- David Troxel, MPH. *anyone reading this know his contact information?*

In addition, we are planning our next meeting, however, due to this month's preparations for our annual Power of Love gala, on Thursday, April 27, we are polling our members to select our

next meeting in the first week of May. Please complete the Doodle poll "Dementia Friendly Southern Nevada Meeting" below.

Please follow the link in order to participate in the poll:

<http://doodle.com/poll/9nmeb8bgh92uxaqz>

Select the day and time you prefer to have this meeting, before **Friday, April 13th**.