

Dementia Friendly Southern Nevada Meeting  
8/25/17 KMA Event Center 9:00AM-11:00AM

Attendance: Barbara Payne, Samantha Slinkard, Kate Ingalsby, Debbie Carroll, Meggan Strachan, Jennifer Florendo, Liz Spencer, Marissa Shoop, Connie Hollenbeck, Susan Farris, Samuel Hickson, Rudy Rubalcaba, Randy Bolsinger, Carolyn Shannon, Kelli Kristo, James Fitzpatrick, Evelyn Castro, Michelle Gold, Dennis Kesner, Kathy Kesner, Becky Watson, Jeff Doucet, Ruth Almén, Andrea Dixon, Susan Hirsch, Will Reed, Verla Niebuhr, Sokee Fama, Kat Hartley, Carla Hedeem, Jennifer Salem, Cendrené Neil

Debbie Carroll – BrightStar Care

- Megan – caretaker who works with the families
- Tips for caretakers presented through a skit
  - Give as much independence as possible, but provide help
  - Older caregivers – 60% of caretakers have a higher risk of dying before the people they are caring for due to stress
  - Develop schedule and to-do lists
  - Accept help and be able to say no
  - Seek social support (friends, family, support groups, extra training)

LeeAnn

- Action Plans: gather resources, disseminate information effectively, and engage sectors of the community
    - 8 Sectors
      - Engagement through training for more dementia-capable communities
        - Dementia-capable: medical provider education, coordination between service providers and carers, services and support
        - Dementia-friendly: easy access to information, community education
      - Providing support options and removing stigma
    - 2 task forces under DFN
      - 1. Gather information (Vegas 211)
      - 2. Train the trainers
        - Training and follow-up evaluations (measuring outcomes)
        - Possible challenges: marketing & recruitment, scheduling, involvement, reaching rural areas
        - OC Communications Strategies sheet
        - Implementing these strategies in business sector and faith-based institutions
- James (Alzheimer's Association based in AZ) – Dementia friendly Tempe – 2 years into program, not touching businesses yet. Mainly focusing on individuals wanting to be a dementia friend. Not certifying businesses as dementia friendly yet.
- Increase awareness in the community first  
In 1-hour dementia friend seminar – describing what to look for, how to care for those with dementia, what dementia is and that it's OK to talk about it

Will – Nevada 211 program

- 2-1-1 connects Nevadans to health and human services, employment support services through phone call, text message, online chat
- Would like to become more dementia friendly, esp. on website
  - 900 organizations in the local database
  - Providers responsible for updating their information on the website – link available on homepage
  - Event page available – can add community training events
    - Can send information to communities (by zip code) directly
  - Top 3 services: housing and shelter, food, utilities
  - How to consolidate codes to improve search and search results
    - Veteran services – change to former military service to link to VA or veteran services
      - Services for spouses of former military members (ask specifically if spouse)
    - Customizing a report for each organization to ease standardization for user-friendly database
      - Matching codes to what is already available to standardize
    - Asking people if they have dementia? How to link 211 to DFN or possibly ask the question in a more sensitive way
      - Asking for keywords that may be associated with someone with dementia or memory loss
      - Do you identify yourself in --- category? Do you identify as someone with memory loss?
        - Legal considerations
- Task force meeting TBD – conference call option available

Randy – Training caregivers

- Executive coach program and customizing it to caregivers
  - “buddy system” – experienced caregiver matched to a new caregiver to provide support (esp. between support groups)
    - Possibly match a trained caregiver to a new caregiver

Table at Christ Church fair for dementia friendly organizations - October 21<sup>st</sup> at Christ Church Episcopal  
Lobsterfair.com